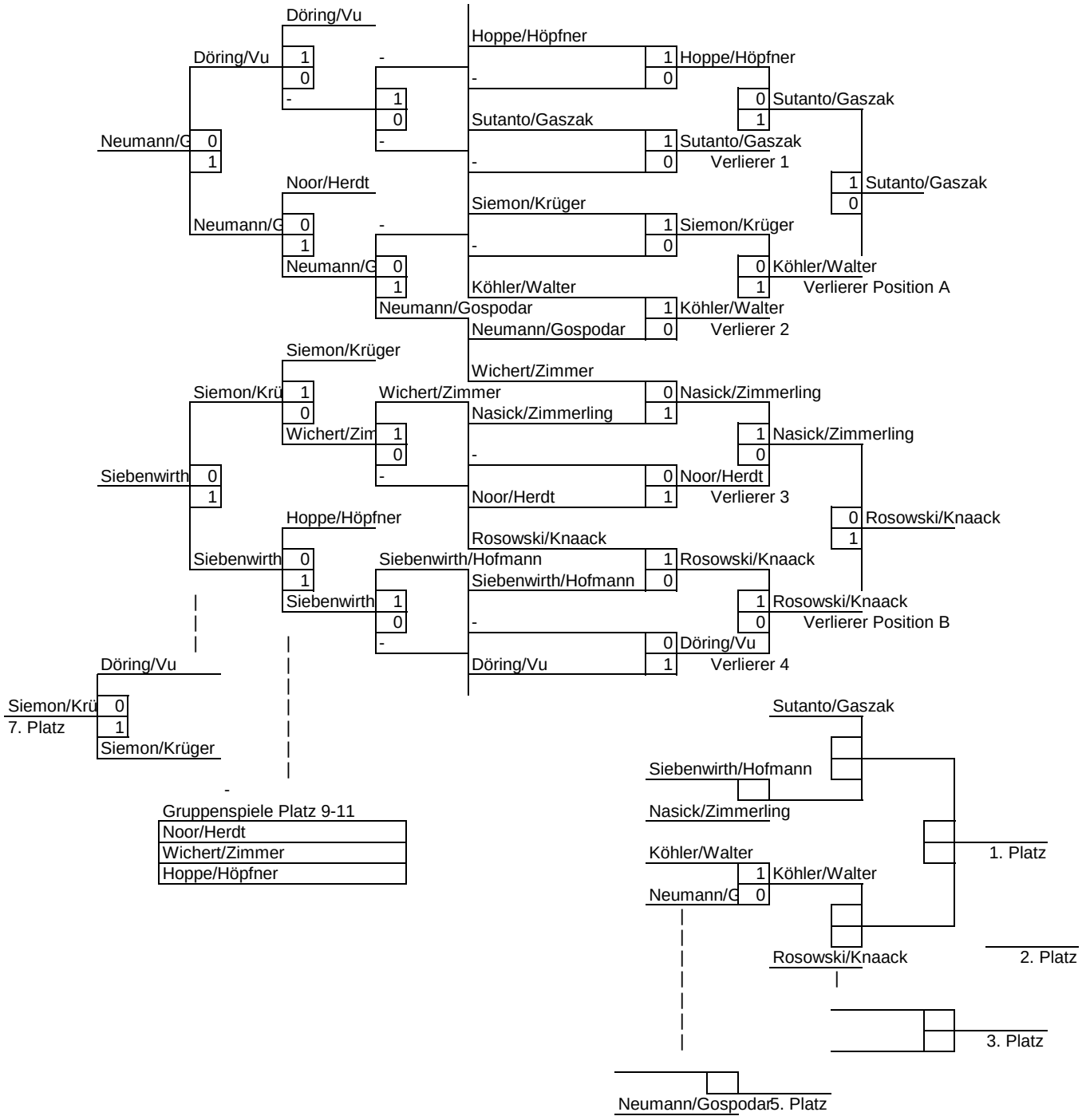Gemischtes Doppel C